

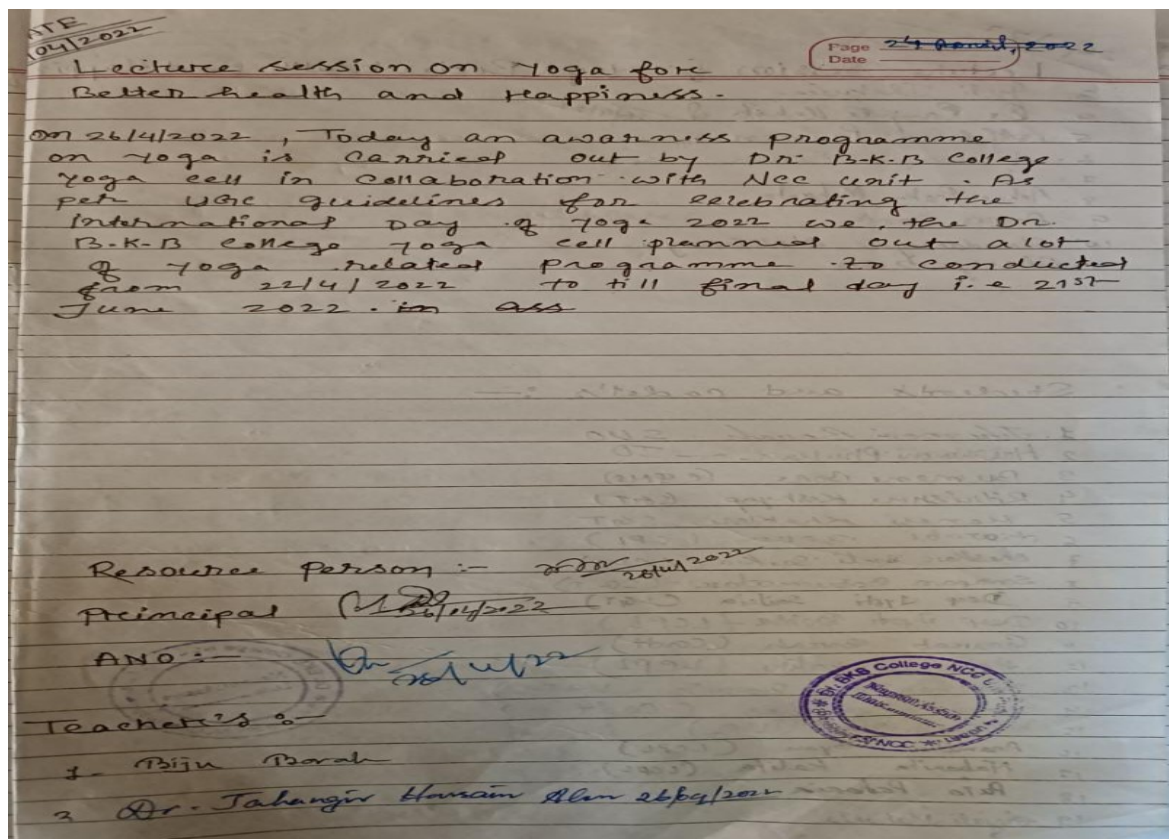
# A Lecture Programme

on

## 'Yoga for Better health and Happiness'

An awareness programme on yoga called 'Yoga for better health and happiness' was organized by Yoga cell, Dr. BKB College on 26<sup>th</sup> April, 2022. Mrs. Mamoni Saikia, former HoD dept. of education and co-Ordinator Yoga cell attended the programme and narrated the significance of yoga in human life.

A Lecture Programme on 'Yoga for Better health and Happiness' total participate -54



26/4/22

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Date \_\_\_\_\_

### Lecture Session for yoga Better health and happiness

3. Jyoti Thakur
4. De Ranjita Kishor 26/4/22
5. Ashana Parveen
6. Anurupa Prasad
7. Anurupa Prasad
8. Anurupa Prasad
9. Anurupa Prasad
10. Shradhanjali Chattarjee
11. Dhanyashree

### Students and cadet's :-

1. Jyoti Prasad Barah - SVO
2. Himanshu Phukan - TO
3. Puonami Bora (C&MS)
4. Ritishree Kashyap (S&T)
5. Manasi Khakhar SGT
6. Kavya Bora (CPL)
7. Chetana Jyoti Saitia (LCPL)
8. Smaran Choudhary (S&T)
9. Deep Jyoti Saitia (SGT)
10. Deep Jyoti Bora (LCPL)
11. Gourab Bora (C&T)
12. Nabanita Kalita (LEPL)
13. Bhazoo Priya Bora (LEPL)
14. Anurupa Prasad (C&T)
15. Anurupa Prasad (LEPL)
16. Anurupa Prasad (LEPL)
17. Nabanita Kalita (LEPL)
18. Poo Pahari
19. Anjali Mahanta



