

**PROFORMA FOR ELIGIBILITY OF PARTICIPANTS**



**GAUHATI UNIVERSITY  
INTER COLLEGE  
POWERLIFTING TOURNAMENT, 2023**

**Date: 5<sup>th</sup> -7<sup>th</sup> January, 2023**

To  
The Principal  
.....  
.....

**Sub:** Requesting participation in the Inter College Powerlifting Tournament - 2023

Sir/Madam,

It is a matter of immense pleasure to inform you that the Gauhati University Sports Board has accorded permission to Dr. Birinchi Kumar Barooah College, Puranigudam, Nagaon to organise the Inter College Power Lifting Tournament 2023 and accordingly, the tournament is scheduled to be held from 5<sup>th</sup> to 7<sup>th</sup> January-23 at Dr. Birinchi Kumar Barooah College, Puranigudam.

Therefore, you are earnestly requested to confirm the participation of your college in the said tournament on or before 25<sup>th</sup> December, 2022. The final list of participating colleges for the tournament will be prepared and uploaded on the college website after getting the confirmation from the respective colleges.

All the necessary papers in connection with the Tournament are enclosed herewith in favour of your information soliciting a positive response from your end.

Thanking you

Yours Sincerely

Mr. Jitya Ranjan Saikia (Dr. Nripen Ch. Das)  
Mr. Ankur Bania Principal  
(Joint Co-ordinators) Dr. B.K.B. College  
Puranigudam, Nagaon

Name and Address of the College:-  
.....  
Name of the Prof. in charge:-  
.....  
Manager / Coach:-  
.....  
Contact no. of Prof. in charge:-  
.....

S l N o	Name of the Playe r	C a t e g o r y	DO B	Year of Passi ng HSL C	Presen t Class	Roll No	Sig natu re	Rece nt Pass port Size Phot o

**N.B. Institutions participating in the events should use separate eligibility proformas for both Boys and Girls**

Seal & Signature of the Principal

- Certified that the above particulars are true as per records of the college and they are not employees, whole time or part time anywhere.
- The scanned copy of duly filled in form may kindly be mailed to [sjityaranjan@gmail.com](mailto:sjityaranjan@gmail.com) or [kemprai.1983@gmail.com](mailto:kemprai.1983@gmail.com) by 25<sup>th</sup> December, 2022.



**ORGANISED BY  
DR. B. K. B. COLLEGE, PURANIGUDAM, NAGAON,  
ASSAM**

**ORGANISING COMMITTEE  
GAUHATI UNIVERSITY INTER COLLEGE  
POWERLIFTING TOURNAMENT, 2022-2023**

## INFORMATION

### RULES AND REGULATIONS FOR POWER LIFTING

1. The tournament is open for both Boys and Girls.
2. Reporting, Registration, **Weighing** and other verification will be done on 5<sup>th</sup> of January, 2023 from 2 p.m. onwards.
3. The last date and time of registration is 7 p.m. of 5<sup>th</sup> January, 2023.
4. The mode of the tournament will be Raw (unequipped) lifting.
5. Wearing of proper power lifting dress is mandatory for all participants which must consist of a one piece lifting suit on round neck T-shirt, socks, shoes and shorts.
6. The participants should abide by the rules formulated by Indian Power Lifting Federation.
7. Weight classification:

#### MEN SECTION

Power Lifting: 59 kg, 66 kg, 74 kg, 83 kg, 93 kg, 105 kg, 120 kg, +120 kg

#### WOMEN SECTION

Power Lifting: 47 kg, 52 kg, 57 kg, 63 kg, 69 kg, 76 kg, 84 kg, +84 kg

8. In the event of any dispute, the decision of the technical committee will be final and binding.
9. Matches will be played under lights also. Participants are required to bring their own wrist band, knee cap, belt and other accessories.
10. Colleges can send maximum of one participant for each category (Boys and Girls separately)

#### GENERAL RULES

1. The Organising Committee will not be responsible for any loss of goods during the stay in the college.
2. Disciplinary action will be taken against the team who are found responsible for any damage done to the college property or the place of their stay during the tournament.
3. Participating teams are required to bring their own mosquito nets and clothes necessary for their lodging.

## INFORMATION

### ELIGIBILITY

1. A student shall represent a college only on the following conditions:
  - a. If he/she is a bonafide student of the college/institution under Gauhati University.
  - b. If he/she is not above 27 years of age on 1<sup>st</sup> July, 2022.
  - c. Only TDC and PG class participants will be allowed to participate in the tournament.
2. Each of the players shall have to submit the following documents at the time of registration:
  - a. College Identity Card (up to date)
  - b. A recent passport size colour photograph duly signed by the Principal.
  - c. Certificate for age proof viz. HSLC Admit Card / Aadhar Card / PAN Card etc. must be produced by candidates in original. (no duplicate copies will be accepted)
3. The enclosed proforma of the eligibility of the players duly signed by the principal of the college must be submitted in duplicate to the Organizing Committee at the time of registration.
4. A player who has appeared in a University Examination and has been waiting for the declaration of the result shall be allowed to play for the college from which he/she appeared in the examination as a regular student.
5. The Organizing Committee will take appropriate decision/action on receipt of any complaint, problem in black and white regarding age of players, playing conditions etc. The complainant shall have to follow certain procedures to lodge any kind of complaint.
6. The decision of the Organizing Committee shall be final and binding in all respects.
7. The area of jurisdiction in case of any dispute shall be Nagaon.

## INFORMATION

### EXPENSES

1. Each participant team shall bear the traveling expenses of its own contingent.
2. A participating college has to pay a registration fee of Rs. 300/- for each participant (or subject to minimum of Rs 1000/-)
3. Lodging of the teams will be arranged by the Organizers.
4. Fooding and Lodging facilities will be available only from 5th January (evening time), 2023.
5. The participating team must show the receipt (duplicate copy) of the GU Sports Board affiliation fee. If the participating team has not paid the affiliation fee, they have to pay Rs 1000/- as GU Sports Board affiliation fee.

### IMPORTANT INFORMATION

1. The participants are requested to go through detailed information uploaded on the college website [www.bkbcollege.in](http://www.bkbcollege.in).
2. The proforma of eligibility of participants can be downloaded from the college website.
3. The filled up proforma for eligibility of participants duly signed by the principal of the respective colleges should be submitted through mail to - [sjityaranjan@gmail.com](mailto:sjityaranjan@gmail.com) or [kemprai.1983@gmail.com](mailto:kemprai.1983@gmail.com) on or before 25<sup>th</sup> December 2022. The original copy should be submitted at the time of registration.
4. The participants should also bring up to date College Identity Card, Certificate for age proof duly attested by the Principal and a recent passport size photograph.
5. Last date of joining is 5<sup>th</sup> January 2023 (7 p.m.)
6. Any further clarifications sought by candidates may be cleared by 25<sup>th</sup> December, 2022 over phone. Contact Coordinators for any clarification. Ph. **9859801473 / 8638394736**
7. Final list of colleges enrolled for participation in the tournament will be uploaded on 26th December, 2022.